

Wish *you* had prettier skin?

So did model Wendy Weiland. When adult acne left her face covered with scars, a new treatment gave her the skin every woman wants . . .



"Having pretty skin changed my whole outlook on life," says Wendy.

AFTER

Ever look in the mirror and wish you had better skin? Wendy Weiland did—daily. Because like 50% of all women, she had adult acne.

The cysts, enlarged pores and scars made it hard to feel pretty. And Wendy, a San Diego model, had to hide them: Her livelihood depended on it! But every acne treatment failed—until a medical breakthrough made her feel beautiful again!

Wendy never dreamed she'd be a model. But when friends suggested it in college, she gave it a try to pay tuition. And stores and magazines hired her for shoots!

Then, in her mid-20s, she started breaking out all the time.

"I look awful!" she panicked.

But acne medications didn't help. Soon her skin became so pocked that even professional makeup didn't completely hide the craters.

"Maybe it's a food allergy," a cosmetologist suggested. And giving up dairy stopped the breakouts!

But the damage was done.

"Sorry, you're just not what we're looking for . . ." clients said.

Being turned down for jobs was crushing. Feeling ugly was worse.

Yet chemical peels and microdermabrasion didn't help enough. And laser resurfacing could cause

permanent scarring!

Then Wendy got a call from a doctor she'd seen before . . .

"You're gorgeous!"

"There's a new treatment that could be perfect for you," Dr. Steven Svehlak said.

After numbing Wendy's skin with a topical ointment, he'd use a pen-like tool to apply nitrogen pulses to problem areas. The gas would tighten collagen and stimulate new collagen, smoothing scars and reducing large pores.

And the procedure—Portrait plasma skin rejuvenation—took less than an hour.

"Would you be a test subject?" Dr. Svehlak asked.

"Yes!" Wendy agreed.

Her skin looked sunburned after, and then the top layers flaked off.

But 10 days after treatment . . .

"Is that really me?" Wendy beamed. Her skin looked almost perfect!

"You're gorgeous!" her boyfriend raved. Today, Wendy's skin still looks great. And she actually has to turn down modeling shoots!

Even better, says Wendy: "Getting rid of acne damage made me feel like a new person, inside and out!"

—Deborah Bebb

Did you know?

You can find clinical trials like the one Wendy participated in at www.centerwatch.com.

3 surprising, curable reasons for breakouts

● **Alcohol-based cleansers.**

They can over-dry skin and cause oil glands to go into overdrive, ultimately causing acne.

● **Hair products.**

Go easy on oily treatments like pomades that can rub off on skin and clog pores.

● **Tight, low headbands.**

Headbands that rest on your forehead suffocate pores, which leads to pimples.



Could plasma rejuvenation be for you?

The procedure can reduce acne scars and signs of aging. It might be for you if . . .

✔ **You're in your mid-30s through mid-50s.** Skin is most likely to respond well at these ages.

✔ **You don't mind wearing sunscreen.** The effects will last as long as three years if you stay out of strong sun and use at least SPF 15.

✔ **You can afford \$500-\$3,000,** depending on the area being treated.

What to expect . . .

Three low-powered treatments for delicate or dark skin; one high-powered treatment if you're fair.

Little discomfort because your face will be numbed with a cream or injection.

A sunburn-like redness, warmth and peeling for about a week.

Even fewer lines and wrinkles as collagen is renewed over time, says Dr. Svehlak.